

Ergonomic Evaluation Categories

Office
Industry
Healthcare
Laboratory

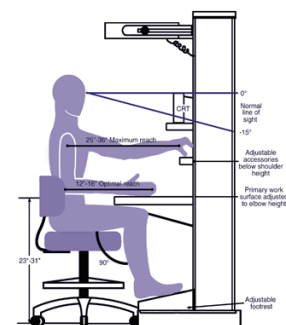
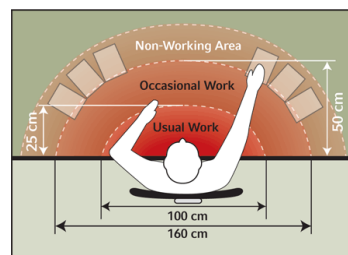


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Senior Ergonomist / Physical Therapist

onsite
CERTIFIED ERGONOMIST
remote

The Ergo Firm offers multi-level of ergonomic workstation evaluation programs, based on your needs, time and budget. Our staff of trained ergonomic professionals provide ergonomic consulting services, including individual **On-Site & Remote Workstation Evaluations** with the following objectives in mind:

- ✓ Identify potential ergonomic risk factors
- ✓ Improve workstation design and layout
- ✓ Instruct user on chair features, review safe seating and postures
- ✓ Review optimum keying and mousing techniques
- ✓ Recommend correct ergonomic equipment, document location and telephone posture to encourage a neutral body position
- ✓ Discuss lighting issues and techniques for controlling monitor glare and reflection
- ✓ Encourage movement to reduce static body mechanic postures
- ✓ The Ergo Firm uses our exclusive [3-E's Process](#) on all evaluations to analyze the users **Effort** (task involved), **Equipment** (tools) and **Environment**
- ✓ \$175.00 - \$250.00/hour contingent on complexity of work area and number of evaluations per site. We are budget oriented to control costs and increase efficiency for your company.
- ✓ Seminar tutorials for group training sessions decrease your overall need for individual ergonomic evaluations.
- ✓ Economical profit with customs made packages!



Group Training + Ergonomic Evaluations **PREVENTION**

ERGONOMIC EVALUATION CATEGORIES

ONSITE

Option #1:

Onsite Preventative Ergonomic Evaluation

This time and cost effective ergonomic work site evaluation is designed for **non-symptomatic/injury free workers**. Individual or group support for start-up ergonomic programs or independent single ergonomic needs. The Ergonomic Proactive Process Program (EPP) members use this evaluation as a follow-up support system for company-wide health and safety monitoring.

Our 3-E's Form is completed during the on-site evaluation with focus on the Essential Four: (1) LINE OF SIGHT (2) HAND TO INPUT DEVICE (3) BODY TO CHAIR (4) FEET TO FLOOR, including existing risks, solutions and any equipment recommendations with floor plan suggestions if needed.

Average time per user: 20-30 minutes. Human Resource and Industrial Safety support for new employee baseline evaluations available also; average time is 60 minutes.

Option #2:

Standard Ergonomic Evaluation

This is recommended for early intervention for computer users **currently experiencing symptoms**.

Analysis of the user's Effort (task involved), Equipment (tools) and Environment. The employee is trained on the essentials of setting up an optimum workstation, with on-the-spot instructions and/or corrections made during the evaluation. An electronically sent (HIPPA compliant) type-written report provides an executive summary, symptom survey, user history, photo critique (one angle), observations & recommendations, and a summary of findings utilizing our 3-E's Process.

Average time per user: 1 - 1.5 hours site time + report preparation

Option #3:

Comprehensive Ergonomic Evaluation

This fully documented OSHA compliant report is designed for users **experiencing medical symptoms reported to a physician**.

Analysis of the user's Effort (task involved), Equipment (tools) and Environment. An electronically sent (HIPPA compliant) type-written report provides an executive summary, symptom survey, user history, photo critique (multiple angles) of employee's workstation and postures, observations & recommendations for behavioral, postural and ergonomic adaptive devices. The Ergo Firm's summary of findings utilizes our 3-E's Process. The employee is trained on the essentials of setting up an optimum workstation, with on-the-spot instructions and/or corrections made during the evaluation.

Average time per user: 2 - 2.5 hours site time + report preparation.

1.800.433.2031

www.theergofirm.com

ERGONOMIC EVALUATION CATEGORIES

REMOTE

Face Time - Skype - Phone Consultations



Option #4:

Remote Ergonomic Evaluations

(One of our most popular)

Available worldwide with high-quality solutions for those who are not near our Ergonomic Consultants. The Ergo Firm's offers a quick effective reference. We are happy to meet your needs with a cost effective phone consultation, follow the 4-steps below and get started today:

\$175.00

Four Step Process

STEP ONE: Schedule Date & Time and Provide:

4 photo's required showing working tasks, body positions (see photo example below)

STEP TWO: 30 Minute Phone Intervention

One-on-One coaching, relevant objectives for risk exposures discussed regarding effort, equipment and environment. Symptoms Survey.

STEP THREE: Report

Recommendations/Corrections with preventative problem solving solutions. Electronically delivered HIPPA compliant report

STEP FOUR: Follow-up Phone Consultation

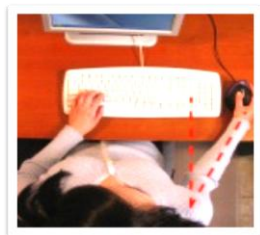
(15 minute): Well-Check feedback to any questions on the ergonomic evaluation report, if needed.

Photo 1



Right View

Photo 2



Overhead View:

Use of monitor, keyboard and mouse

Photo 3



Left View

Photo 4



Seated View

Full body positions

"A picture is worth a thousand words"

- Frederick R. Barnard

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Call Set Up a Consultation Now!